



**4J Studios scottishathletics U13 / U15 & U20 Track and Field Championships**  
**Saturday 28<sup>th</sup> and Sunday 29<sup>th</sup> August 2021**  
**Aberdeen Sports Village, Linksfield Road, Aberdeen, AB24 5RU**

### 5 Steps to Competing

1. **Pre-event** – check the start list for your event time and your arrival time.
2. **Declare** – closes 60 minutes before your event (75 for PV). Don't be late!
3. **Warm up** – warm up mainly outdoors before reporting to Assembly
4. **Report to Assembly** – Assembly opens early for access to the indoor warm up area. You can access the indoor warm up area at any time once open for your event, and must report to Final Assembly before your event closes.
5. **Compete!**

**Don't forget to collect any medals you have won before you leave! Track medallists should report to presentations immediately after their race. Field medallists will be escorted direct to presentations from the event site.**

### FACILITY DIAGRAM

